

At first, when you come to MAMS, you'll probably think the food can walk off your plate, but actually it's really good. In the kitchen, there are new food selections every day. The choices for hot lunches can vary from chicken to pasta. At MAMS you will realize that an all-time favorite is chicken patties. Chicken patties are patties made of chicken on a hamburger roll. Everyone seems to love them and always get a double order. There is also a different meal besides hot lunch, and there are forty different choices every single day. There are five different sandwiches, hot lunch, pretzels, cookies, five different salads, five different drinks, soups, sometimes pickles, and a whole entire vending machine with over twenty different things inside of it.

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Lunch is a fun time to take a break from school and hang with your friends. Still, there are some things you need to know. You can check the school website to see what lunch will be served. If it is something being served that you don't like, now you know when to bring your own lunch to school. If you like what's for lunch, you can make the line faster because you know what you want. No one likes waiting on a long line. Also the lunch ladies will get mad if you just sit there thinking about what you want to have. Lunch is also a good place to talk to your friends and make new friends.

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Many people think that tests and quizzes are the most important thing in school, but other kids think that lunchtime is as important. It's a time to be with friends, laugh, eat and have fun. Merrick Avenue Middle School's lunch menu has many choices for different people. There are salads and deli meat sandwiches on the cold lunch line and there is soup and foods that change each day on the hot lunch line. Some people at school like some of the hot lunch, but others don't. It depends on what you like. Some people like the Asian chicken, but others don't. You can also bring your own lunch to school if you don't want to get anything on the menu. Lunch is also good because you can choose whom you sit with and there will probably be a lot of people in your lunch period that you will want to sit with.

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Although many middle school students worry about being able to handle honors classes, MAMS students can agree that lunchtime is the best part of the day. In middle school you have a lot more freedom to eat what you want for lunch. Unlike in elementary school, your parents don't preorder your lunch for you in advance and you can't change it; you get to pick what you want to eat every day. There is also a huge selection of lunch and snacks. In middle school you get to sit where you want and you aren't restricted to "sit at your class table." Every day there is a hot lunch like pizza, chicken nuggets, and cheeseburgers. Then you can get all different types of drinks and snacks like Gatorade and chocolate chip cookies. Nacho Grande, Pizza, Mac and Cheese, and Philly Cheese Steak are all meals that you should eat at lunch when they are on the menu.

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Many people see this period as the best period in the day; that's right - it's lunch. In elementary school they didn't serve you lunch that was made at the school. Some lunches that kids find good are the chicken patty and the popcorn chicken. It's okay to be picky on what you want because you always have the cold lunch to back you up. Another thing to watch out for at lunch is lunch detention. If the lunch aid catches you doing something that you are not supposed to do, you will get lunch detention. If you are in seventh grade you get sent to the eighth grade lunchroom, and you have to sit by yourself. If you're in eighth grade then you get sent to the dean; you don't want to have that. So enjoy your lunch but watch what you do.

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Lunch is one of the most important parts of the day. You can bring lunch from home or buy your lunch. They have hot lunches and cold lunches. The pizza, Philly cheesesteak, popcorn chicken, and vegetable soup are some of students' favorites. They are really good. Lunch is also a time to socialize with old friends and also to meet some new friends. If you choose to, you can also spend time in the library.

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Lunch is almost every kid's favorite period. The first day of lunch can be a little nerve racking at first. But no biggie; here are some tips. One tip is to find a familiar face from the past years. Find someone who you used to go to school with. Ask to sit with them at a lunch table. Sitting with someone you know can be a little less nerve racking. Next what you have to do is find a table. Look at the people who are sitting at each table. See if you can find any more people you know. If you can't, then just find the table that has the most interesting group of people. Lunch is also a great way to meet new people. Sitting with a new group of people will help you make new friends. This will help you with your social skills that will have its ups and downs through sort of like a bumpy hill or an elevator.

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Here's some homework for lunch: always eat! Everyone gets hungry in one point of the day. Lunch is one of the meals in the day. Don't shut down every food choice in the cafeteria! Many foods in the cafeteria taste pretty good. Some good foods in the cafeteria are the pizza, the bagels, and chicken patty. There are many choices in the cafeteria, so you can always have lunch. Always have an open mind. Always have lunch because it is an important meal in the day.

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The first day of lunch is always the hardest. You should try to sit with new people, but also sit with your "regular" friends. Lunch will be the main place to make friends. It won't be like in elementary school where you sit with your class only. You can sit with whomever you want. When you have new friends, middle school will be a lot more fun. When you have many friends, your classes will also be more fun.

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Lunch is the most fun period in school, but your lunch aids will only give you a week to pick a table you like. Make sure you like the people you sit with, because you're stuck with them through the whole school year. If you're a picky eater you might not want to get the hot lunch; you might not prefer it. Lunch is your time to hang with your friends and make new ones. Expand yourself and come out of your shell.

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Lunch is the best period to have with a friend. You can talk all you want. You have your food, too. Most of the food is good, but if you don't like the hot lunch you could get the cold lunch and if not the other way around. If you scream and don't listen, they will make you have a silent lunch, which isn't fun. Make sure to not leave any trash or mess behind because the next day the teachers will be mad at you. They can also make your table go last, which isn't fun if you're really hungry.

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Once students get to school, their stomachs start to rumble as they smell the food being cooked in the kitchen. A very important thing to an upcoming middle schooler is lunch. It is your time to socialize and eat, which is very important. It has its ups and downs but lunch is fun. One good thing about lunch is you get to sit with whomever you want. You can sit with all your friends as long as they fit at your table. Sit with people you think you will be friends with for the rest of the year. You will be stuck with them otherwise. Sometimes the foods will not fit your needs, and then you don't need to get it. You should only get what you will eat. Sometimes if the food on the hot lunch line does not look so good, go for something on the cold lunch line. There are many things to choose from, so choose what you will eat! Lunch will be fun but go for what you like, whether it is where you sit or what you eat.

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The most anticipated period of the day is lunch (along with gym). Everyone loves lunch, but just because you love lunch itself, you might not like all of the food that is served in the cafeteria. You should try every hot lunch that they serve. If you don't like it the first time, you don't have to get it the second time. Hot lunch isn't the only thing served in the cafeteria. You can also get cold lunch. It consists of sandwiches, salads, bagels and many other things. If you don't like any lunches you can also bring lunch. A good amount to spend every day is from two to four dollars. The regular lunch costs \$1.90, and mostly anything extra is a dollar to a dollar and fifty cents. You can also get a prepaid credit card to use every day.

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Lunch will probably be your favorite period to go to, so while you're there, try to

stay out of trouble or else you will be sent to either the eighth grade cafeteria or even lunch detention with the dean. Make sure that you are very nice to the lunch ladies. Always say please and thank you whenever they hand you your food. When you choose a table make sure it's one with all of your friends. Have fun and a good experience in the lunchroom, hallways, and in Merrick Avenue Middle School.

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Cookies are served on Mondays, Wednesdays and Fridays. When you ask for a cookie, don't just say "a cookie." You have to ask for an extremely light cookie. These are the ones that aren't baked enough and the chocolate chips are melted. These are the best ones in the batch. These are the key ways to be able to eat at MAMS.